

## Seniors Mental Health Services

**Acute psychiatric hospitalization provides multi-disciplinary assessment and treatment services to stabilize acute symptoms in a safe environment. After stabilization, inpatient services link the patient to community mental health and addiction services for follow-up and continued treatment and recovery.**

### ABOUT OUR TEAM

These highly skilled professionals work together to provide bio-psychosocial assessment and rehabilitation for older adults. Our interdisciplinary team consists of physicians, registered nurses, registered psychiatric nurses, licensed practical nurses, social workers, occupational therapists, recreational therapists, recreational therapy assistants, resident care aids and unit clerks.

### FACILITIES

Our in-patient units in Victoria are 2 South East and 2 South West located on the second floor of the Patient Care Centre (PCC) at Royal Jubilee Hospital.

#### 2 South East

This unit provides care in single and semi-private rooms for 18 patients experiencing psychiatric difficulties. Many of these patients experience co-occurring medical and cognitive issues requiring the expert skills of health care staff working to full scope of practice.

#### 2 South West

This unit provides intensive care in single and semi-private rooms for nine patients with severe behavioral symptoms secondary to dementia, psychosis, mania or other mental health conditions. Services include behavioural stabilization (through medication adjustment, ward milieu and care approach) and support of medical and psychiatric co-morbidities.

### UNIQUE FEATURES

The bio-psychosocial and spiritual approach used in the 2 South PCC units provides this older population with care designed to support current abilities, rebuild lost skills and/or stabilize behaviours. This approach builds on the strengths of the patient, family and community by returning the individual to a setting that best supports their recovery. Assessment and treatment information is shared at family conferences and informally during visits. The assessment, care plan and goals for discharge are developed with the patient and family.

### BENEFITS OF WORKING HERE

- The two units provide island-wide tertiary care.
- You will work within a highly motivated interdisciplinary team.
- Staff benefit from a work experience that provides them with full medical and psychiatric practice translatable to many other acute care areas.
- We offer excellent work environments as well as a comprehensive package of employer-paid benefits.

*Excellent health and care for everyone, everywhere, every time*